



SHEQ Newsletter



Considerate Constructors Scheme

The M&S Congleton project has now set a precedence for Audas after a score of 35.5 was returned following an inspection from the Considerate Constructor monitor during the month of November. This is thanks to the hard work and commitment of the team involved at Congleton. Without a shadow of doubt, Paul's facilities for the 'Ladies' was highly commendable! If we keep up the good work and strive for an extra 1.5 points we take the lead on our client's highest score to-date – (36.5)

In recognition of our commitment to the Scheme, Martin delivered a H&S Presentation @ South Cheshire College during the works undertaken @ Congleton



Also worthy of a mention is the score attained at Thurmaston during September – an impressive 35! Well done to John & Co.

Audas Day

November 21st marked the occasion of our 2nd 'Audas Day'.

We had guest speakers inc: Marigold Gloves; SBS Fire Safety; Matt Edgell Construction Standards Manager from M&S.

Positive feedback was received from all team members. Topics debated included: BREEAM; CCS; Commercial Processes; Compliance Cabinet; Protecting The Environment; Corporate Manslaughter; COSHH; Managing Systems; Quality Control & Managing

WWF Charity Membership

Since our last publication we have taken the plunge and chosen the WWF (World Wildlife Fund) as our nominated charity.

"WWF is not just about saving whales and tigers and rainforests, & preventing pollution & waste, but is inescapably concerned with the future conduct, welfare and happiness & indeed survival of mankind on this planet."

Max Nicholson, one of the founders of WWF
Details at: www.wwf.org.uk



Update on ISO

Excellent progress is being made in our efforts to attain accreditation to ISO 9001; 14001; and 18001.

To-date we have undertaken a business review; revised our business policies; identified stakeholder requirements and any controls necessary to ensure compliance; completed a business risk reduction exercise and are currently in the process of developing a business improvement programme. In addition, Martin & Lindsay will be attending an internal auditing workshop in the New Yr.

Carbon Course Workshop

Andy S, Gary, Lindsay, John, Andy M, attended the NW Best Best Practice Club event early December – the theme being 'Measuring Your Corporate Carbon Footprint'. The workshop gave an overview of the importance of companies being carbon aware.

As reported on the WWF website:
E for effort – UK must do better on climate policies.
On a scale of A (for excellent) to G (poor), the UK only rates a feeble E for its climate policies.



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Christmas Card Recycling

The Woodland Trust, in association with M&S, TK Maxx & Home Sense are launching, for the very last time, their Christmas Card Recycle Scheme. Since the start of the scheme 14 years ago there have been 700m cards recycled (the equivalent of 13,000 tonne).

Cards can be deposited throughout January 2011 in special collection bins in the above mentioned stores.

People give and receive cards for which trees are chopped down – recycling our cards with the Woodland Trust helps secure funds to put back trees in the ground for future generations.



Health & Safety



In The News



A pub company from Birmingham has been fined more than £14,000 after five workers at one of its properties were put at risk of asbestos exposure.

The three electricians and two plumbers were carrying out refurbishment work at the vacant White Horse pub on Harrowgate Hill, Darlington, when they were potentially exposed to the deadly fibres on September 28, 2007.

Mitchells & Butlers Retail Ltd was prosecuted by the H&S Executive after an investigation found that while the company had commissioned a survey to check for the presence of asbestos in June 2007, this had been restricted to areas where the proposed refurbishment works were to be carried out.

The five workers had begun work in a kitchen area which had not been included in the original survey after the plans were changed.

Mitchells & Butlers Retail Ltd, of Fleet Street, Birmingham, was fined a total of £14,001 after pleading guilty to breaching Section 3 (1) of the H&S at Work Act 1974 and Regulation 5 of the Control of Asbestos Regulations 2006. The company was also ordered to pay £11,781 in costs.

Exposure to high levels of asbestos can cause potentially fatal diseases such as mesothelioma, lung cancer and asbestosis.

MEWP Training for Managers



As you are all aware we are seeing an increase in the use of various working at height equipment on site.

In addition, I have noticed a number of safety alerts relating to equipment similar to the one pictured above in safety magazines and on the net.

To provide a better understanding of the legal and inspection requirements, various members of our team attended an accredited training course at Wakefield

In addition, we are looking at booking CDM awareness course – dates to be confirmed

Accident Prevention



During the recent Congleton M&S Simply Foods project we called upon Martin Stevens from Marigold International to deliver a tool box talk training session on glove protection, to around 25 operatives on site.

The session provided useful information on some of the gloves we see used on site such as correct size, selection, cut protection and limitations.

We have now received the finalised version of the Glove poster, so please display in a prominent place on site. We need to ensure that operatives are wearing the correct glove for the task they are carrying out, in an effort to reduce cuts to hands and fingers



Toolbox Talk At M&S Simply Foods, Congleton delivered by Martin Stevens, Marigold International Ltd



Waste, FSC & Incidents

Waste Recycling Figures 3rd Quarter July-September

The table below includes the waste recycling figures for the period July-September, in addition to the total cumulative figures for the 1st half of 2010

	Total Tonnage		
	Total tonnage (exc haz)	Total recycled	% recycled
January to March	241.57	215.7	89%
April to June	53.50	46.89	88%
July to September	140.48	133.88	95%
2010 Total	435.55	396.47	91%

As you can see, the total recycling rate for the July to September period was the highest this year, at a fantastic **95%**, giving us a total rate for all waste recycling for the first half of 2010 of **91%**.

FSC Timber Figures – 3rd Quarter July-September

Our FSC timber usage figure for the 3rd quarter of 2010 was a brilliant:

100%

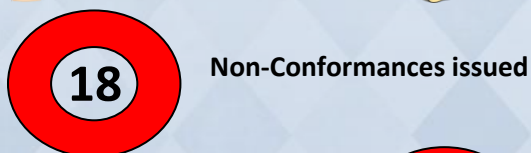
Our total average FSC figure for 2010 is:

97%

Our figures for the final quarter (Oct-Dec) will be published mid January. It is anticipated we will then have exceeded a cumulative target of at least 95% ensuring compliancy with our client's requirement and target for FSC timber

Incident Reporting 3rd Quarter July-September

During the 3rd Quarter of 2010, there were **5 accidents**.



Recycling Target Increased to 95%

Our current recycling target has now been increased to 95% and we need to address what changes we are going to make in order that future projects score 95% or above.

Furthermore, as from April 2011, our client, M&S, will be targeting 0% waste to landfill.

Derek Howell from Severnside has been requested by the client to undertake 'waste interrogation' when visiting sites. This will include assessing the content of various skips to ascertain where and how the waste was generated in the first place. These findings will be reported back to the client.

As always we need to work closely with Severnside and keep our eye on the ball with reference to minimising waste.



What's New?



Fund Raising

Back in November a few members of the team attended a fund raising event for 'Breakthrough' breast cancer awareness at the Concorde Conference Centre. We made two successful bids: £1k for a football shirt signed by the surviving team members of the 1966 world cup team and £500 for a cricket shirt signed by the team from the 2006 test series.



The evening's events raised approximately £14,000 with the North West regional total for the month of October being in excess of £80,000.

Avoid Hangover



- Drink as much water as possible before hitting the sack
- Take a soluble painkiller
- Take an antacid to settle the stomach
- Try a rehydration sachet to replace minerals and salts
- Eat bananas and kiwis for potassium
- Avoid hair of the dog
- And.....



Pat Testing

Due to a number of sub contractors failing to show evidence of their equipment being PAT tested in 2010 Dan & Martin attended a two day course in November at Electrical Test Services Ltd in Birmingham, to train to PAT test electrical equipment on Audas sites. The course, run in conjunction with NICEIC, is designed to develop knowledge of portable appliances in the following areas: equipment construction; inspection; combined inspection and testing; use of instruments and recording of data; equipment.

The course ended with a 1 hour exam to demonstrate competence when testing electrical equipment. Upon successful completion of the exam a City & Guilds Certificate for the Inspection and Testing of Electrical Equipment is attainable and the guys are eligible to test items of equipment on Audas sites.

We are now currently in the process of ordering the relevant equipment to enable us to carry out PAT testing 'in house'.

Training – 2011

Four Group have been requested by M&S to develop a register to record appropriate data in order to demonstrate the competency and capability of their suppliers operating across their construction programmes.

In response we have made a commitment to our client to develop an action plan on training throughout 2011 to ensure we are compliant with their 'Training and Qualification Requirements Document' and have budgeted £70k throughout 2011 to deliver various training programmes to key members of our team including NVQ levels 6 and 7 (Construction Site Management/Senior Construction Management). We are also reviewing our CSCS card status where applicable.

BUPA Gt. Manchester Run 2011

As featured in last quarter's newsletter the annual BUPA Great Manchester Run will take place on Sunday 15 May 2011. Audas are proposing to enter a team of runners to run the course with all sponsorship money raised being donated to the Prostate Cancer Charity. Anybody interested in taking part should register their interest with Dan by close of play 23 December 2010., so that arrangements can be made to register for the race.

and finally.....

